This Spring 2021, Bennington College Faculty member and RU 2019 Food Futures Yoko Inoue’s Make Kitchen Communal Practicum has done amazing work in the Student Center kitchen. The class created a "free lunch for all" program by making delicious and nutritious soups—from scratch and made entirely with local ingredients from area organic farms—weekly for essential staff on campus. You can support a soup CSA fundraiser by purchasing tickets here until Thursday, May 20 at 1:30 pm. More info here.

Soup Tickets & Donations

Staying healthy, on Saturday join us for our next Kundalini yoga class led by Colleen Martin, and on May 27 come visit us at RU for Damir Sobota's pop up exhibition of new work realized during his residence.

THIS WEEK

Online Kundalini Yoga session with Colleen Martin

Sunday, May 22, 2021
12:00 pm EDT

Kundalini Yoga is unraveling the layers of yourself to find your potential and your vitality. Nothing comes from the outside - you contain all that you need within. Prosperity is a state produced by the mind - we can tap into that by opening our hearts and our awareness of ourselves. We have to be present to opportunities in order to receive them. We will
practice a kriya to do just that. Please join us for yoga and deep meditation to open ourselves to opportunities that align with our desires. Open to all levels - come and have an experience!

Register Here

NEXT WEEK

RU Exhibition: Sequence by Damir Sobota

Thursday, May 27, 2021 2:00pm-7:00pm
Residency Unlimited
360 Court Street, Brooklyn, NY 11231
(subway F/G to Carroll Street)

In this pop-up show, RU is proud to present a series of works by the Croatian artist in residence Damir Sobota. They include a deep blue saturated serigraph series which will be hung alongside a GIF projection, as well as new objects realized by the artist on found cardboard which he intervenes upon with acrylic and paper collage technique. Sobota’s algorithmic approach is further systematized by taking into account the space in which works are developed-in this instance the Artist Alliance Inc. studio which Sobota occupied in May.

Learn More Here

Donate to Residency Unlimited (RU) and support the exchange of art and ideas through local, national, and international residencies and year-round public programs. Thank you!

Follow RU on Facebook, Instagram and Twitter for updates, opportunities, RU